



LORAS COLLEGE™

Dr. Robert Tucker – Loras College Invitational Friday, October 17, 2008

Dear Coach,

Loras College will host the Dr. Robert Tucker Cross Country Invitational on Friday, October 17 at the Dubuque Soccer Complex in Dubuque, Iowa. Women will run a 6k race at 4:30 p.m. and the men will run an 8k race at 5:15 p.m. The number of participants is unlimited and open runners are welcome.

The entry fee is \$75 per team (men & women separate) or \$15.00 for individuals. T-shirts will be presented to the top 15 individuals in each race.

Please send an e-mail reply to robert.schultz@loras.edu so we can get an accurate count. More information will be available online on the Loras College cross country schedule later in the summer. Enjoy the rest of your season, have a great summer and best of luck with the 2008 cross country season.

Sincerely,

Bob Schultz
Head Cross Country Coach
Loras College

DR. ROBERT TUCKER – LORAS COLLEGE
CROSS COUNTRY INVITATIONAL

TO: CROSS COUNTRY COACHES

FROM: BOB SCHULTZ – CROSS COUNTRY COACH – LORAS COLLEGE

RE: DR. ROBERT TUCKER – LORAS COLLEGE CROSS COUNTRY INVITE

DATE: FRIDAY, OCTOBER 17, 2007

TIME: WOMEN – 4:30 P.M. / MEN – 5:15 P.M.

PLACE: DUBUQUE SOCCER COMPLEX – DUBUQUE, IOWA
NORTHWEST CORNER OF JFK RD. AND NORTHWEST ARTERIAL

DISTANCE: WOMEN – 6K / MEN – 8K

COURSE RECORDS: WOMEN – 22:09 – JANET DOBYNS – LUTHER - 2007
MEN – 25:08 – MARCUS MURPHY – LORAS – 2002

AWARDS: TOP 15 INDIVIDUALS IN EACH RACE WIN T-SHIRTS

ENTRY PROCEDURE: E-MAIL ENTRIES TO robert.schultz@loras.edu
INCLUDE FIRST NAME, LAST NAME AND YEAR IN SCHOOL
ALL ENTRIES MUST BE RECEIVED BY WEDNESDAY,
OCTOBER 15, 2008

ENTRY FEE: \$75 PER TEAM (MEN AND WOMEN SEPARATE) / \$15 FOR
INDIVIDUALS

SHOWERS: GRABER SPORTS CENTER ON THE LORAS COLLEGE CAMPUS

QUESTIONS: PLEASE FEEL FREE TO CALL THE CROSS COUNTRY OFFICE AT
(563) 588-7491 OR E-MAIL TO robert.schultz@loras.edu