

IOWA INTERCOLLEGIATE ATHLETIC CONFERENCE 2007 CROSS COUNTRY CHAMPIONSHIPS

Hosted by: Loras College
Saturday, October 27
Dubuque Soccer Complex
Dubuque, Iowa

Race Schedule

Women's 6K Varsity Race – 11:00 a.m.

Men's 8K Varsity Race – 12:00 p.m.

Facilities

The 2007 IIAC Cross Country Championships will be held at the Dubuque Soccer Complex. The course is located at the Northwest corner of JFK Road and Northwest Arterial.

Parking

Team parking is located on left as soon as you enter the Soccer Complex.

Meet Director

Bob Schultz, Loras College – (563) 588-7491-Office / (563) 599-8721-Cell

Timing

Tom Kult, TJK Timing

Games Committee

Dan Schofer – Head Coach, Cornell College

Bob Schultz – Head Coach, Loras College

Nick Maas – Head Coach, Buena Vista University

Denise Udelhofen – Director of Championships, Loras College

John Cochrane – IIAC Commissioner

Athlete Warm-Up

The course will be open at 3:30 p.m. on Friday, October 26 and at 9:00 a.m. on Saturday, October 27.

Packet Pick-Up

Team packets with numbers and meet information will be available Friday afternoon or on Saturday morning at the course.

Rest Rooms

There are permanent restrooms as well as portable rest rooms available at the course.

Athletic Training

Loras College will provide a certified athletic trainer at the concession stand near the start/finish area. The training staff will provide ice, water, cups and any athletic training needs.

Awards

Team champion, all-conference, MVP's and Coach of the Year winners will be awarded at 1:00 p.m.

Directions

Traveling Hwy 20 East into Dubuque:

As you enter Dubuque, turn left at the light at Northwest Arterial. Follow Northwest Arterial and then turn left at the light at JFK Rd. The entrance is a block down on your left on JFK Rd.

Traveling Hwy 151 North into Dubuque:

Turn left at Cty. Rd. Y21 just past Cascade and take to US Rt. 20 East and follow directions above.

Traveling Hwy 52 South into Dubuque:

As you enter Dubuque, turn right at the light at Northwest Arterial. Follow Northwest Arterial and then turn right at the light at JFK Rd. The entrance is a block down on your left on JFK .

Lodging

Best Western/Midway Hotel 3100 Dodge Street Dubuque, IA	563-557-8000 800-336-4392 www.midwayhoteldubuque.com	Indoor Pool/Whirlpool Complimentary Breakfast
Comfort Inn - Dubuque 4055 McDonald Dr. Dubuque, IA	563-556-3006 800-221-2222 www.hotelchoice.com	Indoor Pool/Whirlpool Complimentary Breakfast
Country Inn & Suites 1315 Associates Dr. Dubuque, IA	563-583-2500 www.countryinns.com	Indoor Pool/Whirlpool Complimentary Breakfast
Days Inn-Dubuque 1111 Dodge St. Dubuque, IA	563-583-3297 800-772-3297 www.thedaysinn.com/dubuque04603	Outdoor Pool

Fairfield Inn
3400 Dodge St
Dubuque, IA

563-588-2349
800-228-2800
www.fairfieldinn.com

Indoor Pool
Complimentary Breakfast

Heartland Inn-West
4025 McDonald Dr
Dubuque, IA 52003

563-582-3752
800-334-3277
www.heartlandinns.com

Indoor Pool
Complimentary Breakfast

Holiday Inn/Dubuque Five Flags
450 Main St
Dubuque, IA

563-556-2000
800-HOLIDAY
www.kinseth.com

Indoor Pool/Whirlpool

Main Stay Suites
1275 Associates Dr.
Dubuque, IA

563-557-7829
877-424-6423
www.mainstaysuites.com

Kitchens in all suites
Complimentary Breakfast

Super 8 Motel
2730 Dodge St
Dubuque, IA

563-582-8898
800-800-8000
www.super8.com