

**WAIVER AND RELEASE OF ALL CLAIMS  
Loras College Girls' High School Elite Camp**

Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for Loras College REQUIRES the execution of the following Waiver and Release. Your cooperation is greatly appreciated.

Please read this form carefully and be aware that in registering your minor child/ward for participation in the Loras College Girls' High School Elite Camp, you will be waiving and releasing all claims for injuries your child/ward might sustain arising out of this program.

I understand that Loras College does not carry insurance for injuries sustained by participants in this event. Therefore, participants in this event should look to their own health insurance policy for any injuries sustained in connection with or arising out of this event. The absence of health insurance coverage does not make Loras College responsible for payment of medical expenses.

As a participant in Loras College Girls' High School Elite Camp at Loras College, I agree to assume the full risk of any injuries, including death, damages or loss regardless of severity, which my child/ward may sustain as a result of participating in any and all activities connected with or associated with, or arising out of this event.

I agree to waive and relinquish all claims my child/ward may have as a result of participating in the Loras College Girls' High School Elite Camp against Loras College and its directors, officers, trustees, agents, servants and employees. I do hereby fully release and discharge Loras College and its directors, officers, trustees, agents, servants and employees from any and all claims from injuries, including death, damage or loss which my child/ward may have on account of their participation.

I further agree to indemnify and hold harmless and defend Loras College and its directors, officers, trustees, agents, servants and employees from any and all claims from injuries, including death, damages and losses sustained by my child/ward or arising out of, connected with, or in any way associated with the activities of this event.

**PERMISSION TO SECURE TREATMENT**

In the event of an emergency I authorize Loras College to secure treatment from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my child's/ward's immediate care and I agree that I will be responsible for payment of any and all medical services required.

I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment, and all information supplied by me is accurate and current to the best of my knowledge.

*(Please Print)*

Participant's Name: \_\_\_\_\_ Address: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Relationship to participant: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Group or Policy #: \_\_\_\_\_



**LORAS COLLEGE**

1450 Alta Vista Street | Dubuque, IA 52001



**GIRLS'  
HIGH SCHOOL  
ELITE CAMP  
AUG. 10-13, 2009**



**LORAS COLLEGE**

**GIRLS'  
HIGH SCHOOL  
ELITE CAMP**



*be* **more.**  
*be* **LORAS.**




# LORAS COLLEGE GIRLS' HIGH SCHOOL ELITE CAMP

## AUGUST 10-13, 2009



- GRADES**                      Grades 9-12 (*Grade placement based on fall 2009 school year.*)
  
- SCHEDULE**                      8:00 a.m.-2:00 p.m.
  
- PLACE**                              All activities held in the Athletic and Wellness Center on the campus of Loras College.
  
- FORMAT**                              This camp is designed to prepare players for their high school programs and those looking to play in college. Each player will have the opportunity to improve on the skills needed for her individual position. Fundamentals as well as communication, team building, energy and leadership will all be an emphasis of focus during camp.
  
- COST**                                      \$130/per participant; includes meals, t-shirt, prizes. We are unable to refund cancellations after July 6, 2009.
  
- CAMP DIRECTOR**



**Justin Heinzen**

Loras College head women's basketball coach Justin Heinzen will be entering his third season at the helm of the Duhawks in 2009-10. In two seasons, Heinzen has compiled an overall coaching record of 33-20, while leading the Duhawks to back-to-back Iowa Conference Tournament appearances.

Establishing an up-tempo offensive attack, Loras has finished among the nation's best in free throw percentage the last two seasons. The team has also set single season records for most three-pointers made in a game and in a season the past two years. In 2008-09, Loras shattered the school record for highest field goal percentage in a game by shooting 64 percent, while also finishing in the top 25 in NCAA Division III in three-point field goals made and three-point field goal percentage. Most importantly, the Duhawks boast one of the nation's highest team grade point averages.

After setting a school record for most consecutive wins in 2007-08 and leading the team to a program-best 10-0 start, only eight teams in the country boasted a higher winning percentage in the 2007 calendar year. In his first season with the Duhawks, Heinzen guided the program to its second highest single season winning percentage in school history.

Prior to arriving at Loras, Heinzen served as an assistant coach for women's basketball for two seasons at Lakeland College in Sheboygan, Wis., and helped compile a 40-19 record. He has also assisted at UW-Manitowoc and helped lead the Blue Devils to WJCAA Regional and State Championships. Heinzen holds an undergraduate degree in American history with a minor in political science from Wisconsin Lutheran College in Milwaukee, Wis.
  
- DEADLINE**                              Registration, payment, and signed waivers due by **August 3, 2009.**
  
- NEED MORE INFO?**                      Please call Camp Director Justin Heinzen at 563-588-7947 or e-mail [justin.heinzen@loras.edu](mailto:justin.heinzen@loras.edu).

### LORAS COLLEGE GIRLS' HIGH SCHOOL ELITE CAMP REGISTRATION FORM

**MUST FILL OUT BOTH SIDES OF THIS FORM, INCLUDING WAIVER ON BACK.**

Name: \_\_\_\_\_ Grade (*fall 2009*): 9 10 11 12

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail (*required*): \_\_\_\_\_

Parent(s)/Guardian(s) name(s): \_\_\_\_\_ T-shirt size (*circle one*): YM YL S M L XL XXL

*If there are any specific medical situations that should be known or activities that should be restricted, contact the camp by attaching the information with this application or by calling the Camp Director.*

**To register:** **MUST** fill out both sides of this form and send the completed form **AND** payment, with check payable to *Loras College Women's Basketball*, by **August 3, 2009**, to:  
Justin Heinzen, Camp Director, Loras College Mail #155, 1450 Alta Vista, Dubuque, IA 52001.